



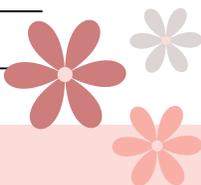
# WEEKLY MEAL PLAN

FROM \_\_\_\_\_ TO \_\_\_\_\_

MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

## GROCERY LIST

A vertical list of 20 horizontal lines for writing, each preceded by a light blue circular bullet point.





# WEEKLY MEAL PLAN

FROM \_\_\_\_\_ TO \_\_\_\_\_



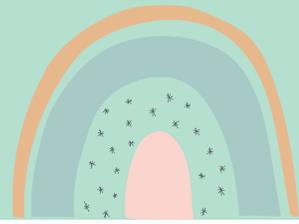
MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

## GROCERY LIST

A vertical list of 20 horizontal lines for writing a grocery list, with a light blue circular marker on the left side of each line.

# WEEKLY MEAL PLAN

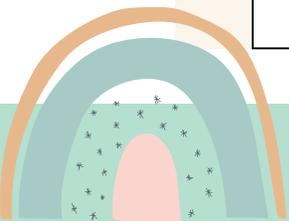
WEEK OF



MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

## GROCERY LIST

A vertical list of 14 horizontal lines for writing, each preceded by a light blue circular bullet point.





# WEEKLY MEAL PLAN

FROM \_\_\_\_\_ TO \_\_\_\_\_

MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

## GROCERY LIST

A vertical list of 14 horizontal lines for writing, each preceded by a light blue circular bullet point.





# WEEKLY MEAL PLAN

FROM \_\_\_\_\_ TO \_\_\_\_\_

MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

## GROCERY LIST

A vertical list of 20 horizontal lines for writing, preceded by a vertical column of 20 light blue circular markers.



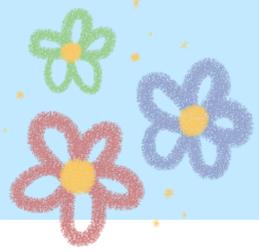
# WEEKLY MEAL PLAN

FROM \_\_\_\_\_ TO \_\_\_\_\_

MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

## GROCERY LIST

A vertical list of 20 horizontal lines for writing, each preceded by a light blue circular bullet point.



# WEEKLY MEAL PLAN

FROM \_\_\_\_\_ TO \_\_\_\_\_

MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

## GROCERY LIST

A vertical column of 21 light blue circles, each followed by a horizontal line, serving as a checklist for the grocery list.

